What should you bring to your Annual Wellness Visit?

The names of all of your doctors:

Name:	Specialty:

An up to date list of all of your medications:

Name of Medicine:	Dose/Frequency:

Have any of your close relatives had any health changes?	YesNo
Has your mood changed?	YesNo
Do you worry about falling?	YesNo
Are you worried about your memory?	YesNo
Are you any preventative tests that you have done recently? (lab test, mammogram, xray, colonoscopy, dexa scan)	YesNo
Have you had any recent immunizations? (please bring the records with you)	YesNo
Do you have a living will or an advance directive? (If you have one, please bring a copy with you)	YesNo
Do you receive any home health services? (Nursing Care, Therapy, Aide, Durable Medical Equipment) Company:	YesNo